

LIBERTOX: AN EDUC-ACTION DRUG PREVENTION APPROACH

LIBERTOX IS AN EDUCATIONAL DRUG PREVENTION MULTIMEDIA AIMED AT ADOLESCENTS, ESPECIALLY YOUNG INDIGENOUS PEOPLE, BASED ON BOTH AN INDIVIDUAL AND SOCIAL APPROACH, AND FAVOURING COLLECTIVE PROJECTS AS A SOURCE OF MOTIVATION RATHER THAN ADDICTION.

1 BECOME AWARE

THE WINGS OF DREAMS

PASOWETAMOWIN

NAC E ITI NATCIPARIK

Young people are organizing a trip to Europe. Drug abuse will jeopardize the smooth running of the project. Scenario in 19 episodes, with soundtrack.

The Wings of Dreams scenario is a smooth introduction to tackle a delicate issue: reading a story is not personally compromising, but, through fictional characters and using the questions found throughout the whole scenario, young people are encouraged to openly discuss various situations. This exercise prepares to address the other modules. Also available in **Atikamekw version: Pasowetamowin nac e iti natciparik** (The great desire to make a trip).

2 GET INFORMED

Drugs and their Effects

a) A general explanation of the effect of drugs and the ascent – capping – descent sequence.

b) The various categories of drugs: physical and psychological effects (mainly for educators).

Drugs and the Brain

General information on brain function.

Drugs in the Past and Today

Comparison of uses and contexts of substance abuse.

The Libertox content is **multidisciplinary**, that is why its use by a team of teachers or practitioners would help to get an optimal result. The problem of drugs cannot be treated simply in terms of permission or prohibition.

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A genuine educational process is necessary, which brings one to get information, and then think, about oneself, one's environment, one's relationships with others, the influences or constraints that weigh on oneself and one's family, and the forces governing us. Who am I? What are my aspirations?

Youth behaviours are closely linked to the pressures of their environment; the willingness to change individually can be difficult to take or hold, especially in a tight-knit environment. Therefore, Libertox supports **actions of a collective nature**, in the form of small projects within the reach of a class, a school or a youth centre. Acting together promotes a more sustainable outcome.

3 THINK

Addiction and Freedom

Types of addiction / Personal and social aspects / Feeling of helplessness and the notion of freedom.

Motivation and Joy of Life

For whom do I exist? / Survival / Boredom / Demotivation / Influences

Models of Life

Behaviour Models: images of drugs in the immediate environment and in mass culture. Who are my models and why?

4 TAKE ACTION

Experience collective actions instead of using drugs.

Collective project management grid.



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Rio Tinto is proud to support the Convention on Perseverance and Academic Achievement for First Peoples and to sustain the spark that guides our youth toward a promising future.

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